

# Volunteer Profile

"Marlene's Quote will go here"



**Marlene Le Blanc  
Petit de Grat, NS.**

After attending a presentation on the CHB Wellness Funding Program in her community, Marlene was very interested to learn more about how the CHB could help her community. Once she learned more of about the CHB, Marlene an active advocate for community access to health care in first language (French), realized that the goals of the SRCHB were closely aligned with the issues and concerns she supported as an individual.

Joining the Board with her language skills and her first hand experience in caregiving and senior support, she has played a role in enhancing the health of her community both geographically and culturally. Additionally; on a professional level, Marlene has enhanced the awareness and understanding of the importance of accessing health and other information in your first language with the Eastern Zone CHB Support team.

Thank You Marlene, for sharing your gifts of knowledge and lived experience at the SRCHB Board table.

## Want to Join Us?

Visit [www.communityhealthboards.ns.ca](http://www.communityhealthboards.ns.ca)  
or contact Dorothy Bennett  
[dorothy.bennett@nshealth.ca](mailto:dorothy.bennett@nshealth.ca)

# Strait Richmond CHB Report to Community 2021-2022

## What Do We Do?

- Community Leadership
- Community Health Planning
- Health & Wellness Promotion

## Strait Richmond CHB Health Plan Priorities:

- **Poverty**
- **Food Security**
- **Social Inclusion**
- **Early Childhood Development**



# Advocacy

## Letter to NS Utilities and Review Board

**Energy Poverty** is real and happening in our Communities!

The Strait Richmond CHB was concerned regarding Nova Scotia Powers proposed rate increase, storm recovery charge & guaranteed profit margin. In NS communities, where close to 40% are struggling to pay their current power bills, we seen another rate increase resulting as being completely out of touch with the economic reality of many of our community members. An additional rate increase will result in greater inequity while increasing **Energy Poverty** across the province.

When residents of our province are forced to decide between whether to “**heat or eat**”, we all need to take a step back to examine our values as Nova Scotians. **Energy Poverty** has far reaching implications for our health; a rate increase would have a direct impact on the well-being of many while potentially putting additional pressure on our overburdened healthcare system.

The Strait Richmond CHB gathered information from individuals representing several community groups, services providers and individuals to get a clear understanding of the impacts of this proposed increase on community. Then we submitted a letter to the URB outlining the many reasons why it would be an additional hardship for our communities during a time they are recovering from a two year pandemic.

**Electricity is a basic need and people should not have to choose between heating their home or eating!**

# Partnership



Strait Richmond CHB knows that children's learning potential decreases when students are hungry. Noting the increased cost of goods and services; and in particular food cost during the pandemic, the CHB recognized that schools would be facing a shortfall on projected school food programs budgets for the year.

Wanting to help the CHB made a contribution to the school food programs for all nine schools in their coverage area. This contribution help ensure that children were given the options of receiving health food at school; thus ensuring their learning potential.

## Wellness Funds 2021/22

### 1. Full Belly Boxes

Strait Area Women's Place

### 2. Apoqn'masultijik

Potlotek First Nation

### 3. Schools Plus Panty and Backpack Program

NS Schools Plus- Southern Inverness

### 4. The Mental Wellness Team

Union of NS Mi'kmaq

### 5. Cuisinons Ensemble

Ecole Beauport

### 6. Wellness at the Market

Mabou Farmer's Market

### 7. RECA Food Hamper

Richmond Education Centre

