Health Centre Herald

Dr. Kingston Memorial Community Health Centre

February 15, 2017

Board Recruitment

Are you interested in improving health and wellness services and programs for our Communities? Join the Board of the Dr. Kingston Community Health Centre!!

Board of Directors Information Kits are available by contacting Sherry Sampson, Managing Director @ 902-587-2800 Ext. 3.

Healthy People, Healthy Communities

Community Health and Wellness Celebration

We invite you to join the board and staff of the Dr. Kingston Memorial Community Health Centre for our first annual, open house event, Healthy People! Healthy Communities! Day. This event will be held on March 16th, and is a chance to come to the Centre to meet the staff and the board and to learn about the services the Centre provides. Drop in any time for 2 - 4 pm for some refreshments and a chance to see what's new at the Centre. Please join us.

Senior Abuse Workshop

Purpose of the workshop included:

To increase our knowledge of resources and services available to address issues of senior abuse.

To provide opportunities and encourage discussion about senior abuse in the community.

To make connections and learn ways that we can ensure that seniors and family members know where to go if they encounter any issues around abuse.

Annual General Meeting

The AGM is another opportunity to participate in our Centre. Come out on March 21, 2017, and hear the progress we have made, learn about our plans and make suggestions for improvements!



To identify those willing to continue to work together to ensure the safety and well-being of our seniors.

To form a resource team to support the new Seniors Safety Coordinator and local senior's organizations.

Twenty-two participants including RCMP, Adult Protection, Leeside Transition House, Richmond Villa, St. Anne's Center, Royal Bank of Canada, Coordinator Prevention Senior Abuse and Victimization and representative from senior's groups and palliative care.

Corporate Sponsorship Campaign

This is the first year of our planned Annual Corporate Sponsorship Campaign. In order to continue offering our present services and to expand our programs to include those that improve our health and well-being as we age, we invite corporate sponsors to help raise \$100,000.00 dollars.

With the community support we have received to date, we have expanded the number of healthrelated services and programs that are available through our Centre. For example, we partnered with others to establish a community kitchen, piloted a senior's safety initiative and are offering massage therapy and reflexology services. One of our ambitions is to become an active partner in the development of a Centre for the Well-Being of Seniors in Richmond County.

Although we have increased the number of providers, services and programs available through our Centre, our current funding is not sufficient to cover our operating costs. We have received several grants that enabled us to explore possibilities for expanded services and programs, but this funding is not sustainable. Now and into the future, corporate sponsorship will be a major source of funding that will allow our organization to operate and provide services to improve the health and well-being of members of surrounding communities.

By contributing to the Dr. Kingston Memorial Community Health Centre's Corporate Sponsorship Campaign, corporate sponsors will receive opportunities to widen marketing and communications reach. Together we can improve the health and well-being of all who live in Richmond County.

Thank you to our Gold Sponsor 101.5 The Hawk - 101.5 The Hawk is the Quad

Counties Hit Music Station. We serve our listeners through public service, news, sports and weather information. Our music format is Adult Contemporary with specialized programming throughout the week. We focus on local news and feature 'breaking news' as it happens <u>www.1015thehawk.com</u> is an extension of our programming with a focus on News, Sports and community events...it is the most visited web site in the area. We're also active in Social Media including Facebook and Twitter. The focus of The Hawk from day one has been supporting communities through on-air and on-location promotion of events...it's the best part of the job.



In an effort to be more Earth friendly, Anyone who receives this newsletter by mail can have it sent electronically by sending your email to: drkingstonmemorialclinic@gmail.com

Mission: Quality health services and programs that are accessible and responsive to our communities' needs.



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